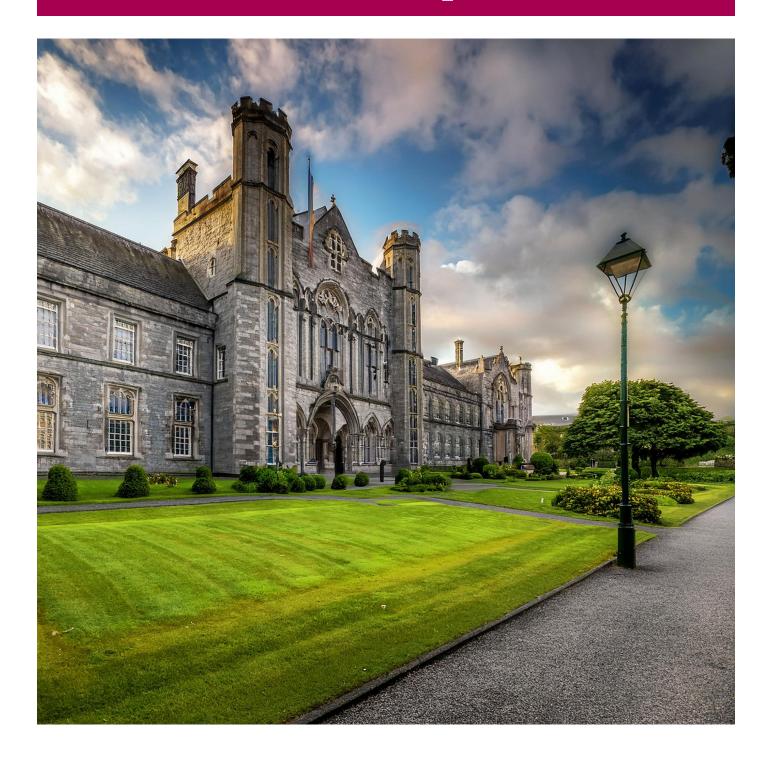


2023/24

Health Promotion Research Centre Annual Report



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Health Promotion Research Centre

University of Galway

Published: December 2024

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Welcome

Welcome to our Research Activity Report for the Health Promotion Research Centre for the years 2023 and 2024. In these two years, we have organised two highly successful conferences, delivered a work programme as required by our World Health Organisation Collaborating Centre status, contributed to health promotion research networks and disseminated our work internationally, nationally and locally.

Our Annual Conference in 2023 was entitled 'Strengthening Intersectoral Health Promotion Action: Building Healthy Communities'. The conference was a successful event, with keynote presentations from Prof. Breda Smyth, Chief Medical Officer, Department of Health, Prof. Mark Gamsu, Leeds Beckett University, UK, Mr Vinnie O'Shea, National Coordinator, Healthy Ireland Local Government, Ms Gígja Gunnarsdóttir, Directorate of Health Iceland and Ms Rebecca McLaughlin, Health & Well Being, Irish Men's Sheds Association.

In the context of national policy developments on mental health promotion, such as the Health Service Executive Stronger Together: Mental Health Promotion Plan 2022-2025 and the development of Pathways to Wellbeing: National Mental Health Promotion Framework by the Department of Health, the 2024 Annual Conference focused on Implementing a Systems Approach to

Mental Health Promotion: From Policy to Practice. We welcomed Ms Stephanie Priest, Executive Director, Mental Health and Wellbeing Division, Public Health Agency of Canada, Ms Soile Ridanpää, Senior Specialist, Ministry of Social Affairs and Health Finland, and Prof. Laura Shields-Zeeman, Head of Department, Public Mental Health, Trimbos Institute, the Netherlands as keynote speakers, ensuring a scholarly and stimulating event.

Our work as part of our designation as a **WorldHealthOrganisationCollaborating Centre** for Health Promotion Research continues, involving the successful delivery of a work programme that included the development of a briefing paper on effective strategies for enhancing subjective wellbeing, a technical background paper on best practices for enhancing the health literacy and wellbeing of communities, with a particular focus on the most vulnerable communities, evidencebased guidance to promote healthy environments in partnership with the Healthy Cities and Communities network, in addition to participation in a range of WHO activities and networks on the part of many of our staff.

We continue to work with our colleagues in the Health Behaviour Change Research Group, the HRB Primary Care Clinical Trials Network and the PPI Ignite Network, in the delivery of the

'population health' seminar series. The HPRC also hosted lots of undergraduate and graduate students and academics from around the globe, bringing their expertise and ideas to our research activities.

In 2023 we said **goodbye** to Dr Viv Batt who has been Administrative Director with us for many years. Viv goes on to undertake the Management of the School of Health Sciences. We wish her well and thank her for her immense contribution to the Health Promotion Research Centre for many years. Dr Elke Rink has now joined the staff at the HPRC in 2024, coming to us with extensive experience in research management. We look forward to working with Elke in the future.

June 2024 also saw the **retirement** of Dr Jane Sixsmith, a core member of our academic staff and Principal Investigator with the HPRC since its inception, acting as Director for many years, and Conference chair on a number of occasions. Jane significantly and successfully developed our

international profile in the area of health communication and literacy. We wish Jane a wonderful retirement and will miss her steady commitment and scholarly contribution to so many aspects of our work.

January 2024 also saw a change of Director with Prof. Margaret Hodgins taking over the reins from Prof. Colette Kelly, who has ably and professionally managed the HPRC since 2018.

In 2024 our School of Health Sciences underwent a research assessment exercise as part of the Institutional Review of Research Performance (IRRP). The HPRC submitted two case studies that describe the impact of our work.



Chill Kelly



Margaretthagins

02

Our People

The HPRC is bringing together researchers from the discipline of Health Promotion. The Centre has a dynamic multidisciplinary research team with expertise in Mental Health, Community Health, Health Literacy, Bullying, Nutrition, Child & Adolescent Health, Sexual Health Promotion and more.

All projects are managed within the Centre from start to finish in relation to finance, staffing, scientific progress, ethics, integrity and quality.



Principal Investigators: Prof. Margaret Hodgins (Director, HPRC), Dr Margaret Barry, Prof. Margaret Barry, <a href="Prof. Margaret Barry, Pr

Research Management 2023/24, respectively: Dr Vivienne Batt, Dr Elke Rink, Ms Roisin Donnellan, Ms Fiona McInerny

Researchers: <u>Dr Elena Vaughan</u>, <u>Dr András Költő</u>, <u>Dr Saintuya Dashdondog</u>, <u>Dr Carmen Kealy</u>, <u>Dr Aoife Howard</u>, <u>Dr Claire Kerins</u>, <u>Dr Lorraine Duffy</u>, <u>Dr Ana Ivanovska</u>, <u>Dr Bianca van Bavel</u>, <u>Dr Jessica Hayes</u>, <u>Ms Aoife Gavin</u>, Ms Patricia Harte, <u>Ms Tosca Keppler</u>, <u>Ms Louise Lunney</u>, <u>Ms Rachael Maloney</u>, <u>Ms Ruchika Mathur</u>, <u>Ms Lorraine Walker</u>, Ms Eimer Brown, Ms Katie Howell, Ms Aoibhinn Keighron, Ms Esther Mercado-Garrido.

The Teams

The Centre's work is overseen by our internal Management Team, a Research Team and an International Advisory Board.

The **Management Team** is comprised of the Director, Deputy Director, Head of Discipline, Research Manager and representatives from each staff category and meets tri-annually. They take overall responsibility for the governance of the HPRC, support the sustainability and growth of the centre, oversee the budget, and liaise with the University in relation to research misconduct, research integrity and research ethics among other things.

The **Research Team's** roles are to guide and facilitate the research programmes, to assist in the implementation of the research agenda and to ensure best practices in research. The members meet bi-monthly and cooperative the teamwork among researchers.

International Advisory Board 2023/24

Our **International Advisory Board** represents the diversity of health promotion stakeholders including government, researchers and the University's research management. The members of the Board provide strategic assistance and advice on current trends and developments, advise on the effective dissemination of the centre's research outcomes and technologies and they help to raise the profile of the centre nationally and internationally.

Prof. Jane South, School of Health and Community Studies, Leeds Beckett University.

Dr Martin Weber, WHO, Regional Office for Europe.

Ms Biddy O'Neill, Health and Wellbeing Programme, Department of Health.

Ms Helen Deely, Healthcare Strategy, Health Service Executive.

Dr Sophie Jullien, Child and Adolescent Health, WHO Regional Office for Europe.

Prof. Hannah McGee, Division of Population Health Sciences, RCSI.

Prof. Caroline McIntosh, Head of the School of Health Sciences, University of Galway.

Prof. James Livesey, Vice President for Research and Innovation, University of Galway.

Prof. Martin O'Donnell, Executive Dean, College of Medicine, Nursing and Health Sciences, University of Galway.

Dr Martina Ni Chúlain, Director of Strategic Development, College of Medicine, Nursing and Health Sciences, University of Galway.

O3 WHO Collaborating Centre

Following our re-designation as a World Health Organization (WHO) Collaborating Centre in 2021, we have worked to support the WHO work programme at WHO Headquarters in Geneva and the WHO Regional Office for Europe. The core focus of our work plan is on the development of health promotion capacity through the translation of health promotion research into policy and practice.



OurTerms of Reference for 2021 - 2025 are:

- **1.** To support implementation of the WHO Thirteenth General Programme of Work 2019–2023 (GPW), with particular reference to the recommendations from the 10th Global Conference on "Health Promotion for Wellbeing, Equity and Sustainable Development".
- **2.** To support the WHO in the development and implementation of the Health Across the Life Course Strategy.

During 2023-24 this constituted the following activities:

- 1.1 Activity: Briefing paper on effective strategies for enhancing subjective wellbeing: Prof. Margaret Barry
- Conducted a review of the scientific literature on the development and implementation of strategies for promoting subjective well-being at the population level.
- Produced a Briefing paper on effective strategies for enhancing subjective well-being on the key findings and their implications for policy and programme development
- 2.1 Activity: Produce a technical background paper on best practices for enhancing the health literacy and wellbeing of communities, with a particular focus on the most vulnerable communities: Dr Verna McKenna and Dr Jane Sixsmith
- A scoping review has been completed, the findings from which will feed into the development of the technical paper.
- 1.3 Activity: Develop evidence-based guidance to promote healthy environments in partnership with the Healthy Cities and Communities network: Dr Mary Jo Lavelle
- Protocol under development for a scoping review of the international literature on

- the evidence-based on promoting healthy environments through built and green environments within the framework of Healthy Cities.
- The evidence-based guidance report will be developed in year 4. Consultation with various key experts from the Healthy Cities and Communities network will take place.
- 2.1 Activity: Provide technical support to incorporate the European Child and Adolescent Health strategy into the Health Across the Life Course strategy: Prof. Colette Kelly
- Contributed to the development of the European Child and Adolescent Health (CAH) Strategy including youth involvement in developing, revising and advocating for the strategy.
- **2.2 Activity Title: Support youth participation in WHO EURO activities:** Prof. Colette Kelly
- Participated as a Steering Group member of the child and adolescent mental health quality of care programme to guide and support the involvement of youth in the quality of care programme.
- 2.3 Activity: Contribution to the international leadership of the Health Behaviour in Schoolaged Children (HBSC) study: Prof. Colette Kelly, Prof. Saoirse Nic Gabhainn and Dr András Költő
- Continued contribution to the development of the International Network of the Health Behaviour in School-aged Children (HBSC) study.

We also contribute to the work of the WHO on an ad-hoc basis by providing advice and support for emerging projects, attendance at WHO meetings, membership of Technical Advisory Groups and reviewing WHO documents during the drafting phase of development. For example, our centre is represented in the pan-European Mental Health Coalition of the WHO Regional Office for Europe, the Global Expert Group on Adolescent Wellbeing Measurement and the Technical Advisory Group for Schooling during COVID-19.



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Research Projects

Over the last two years, researchers at HPRC have successfully applied for international and national research funding of almost 3 Million Euros.

To see the progress and outcomes of the individual projects, please click on the titles in the list below.

| NATIONAL | Total € | HPRC € | Funder |
|--|---------|---------|---|
| Development of the National Mental Health Promotion Plan | 30,000 | 30,000 | Department of Health |
| Health Behaviour in School-aged Children 7, Ireland (2022-25) | 653,592 | 653,592 | Department of Health |
| <u>Drafting and coordination of content for</u> <u>the Healthy Workplace website</u> | 4,000 | 4,000 | Department of Health |
| Healthy Workplace Website Maintenance & Expansion Project | 8,811 | 8,811 | Department of Health |
| Research to inform the development of a cross-government research programme on children and young people in Ireland (DCEDIY) | 62,977 | 62,977 | Department of Children, Equality, Disability, Integration and Youth |
| Evidence Review of Community-based Mental Health Promotion Interventions for Priority Groups in Ireland | 25,000 | 25,000 | Health Service Executive (HSE) |
| Stronger Together Minding Your Wellbeing Programme ABC study on the adaptation of a community-based mental health promotion initiative | 105,000 | 105,000 | HSE |
| Irish National Survey of Sexual Health (INISH) | 711,822 | 711,822 | HSE |

| A Realist Evaluation on Social Prescribing | 180,000 | 180,000 | HSE |
|--|-----------|---------|--|
| <u>Traveller Mental Health</u> | 39,873 | 39,873 | National Office for Suicide Prevention (NOSP) & HSE |
| Strengthening Communications During Patient Discharge Processes | 240,000 | 240,000 | Health Research Board (HRB) & HSE |
| Food provision and the homeless population | 110,000 | 110,000 | Irish Research Council (IRC) |
| Atlantic Future Project: Mental Health as a Public Good | 3,839,637 | 183,327 | North South Research Programme |
| Communicating Food Poverty | 127,444 | 98,617 | Safefood |
| Reducing the Exposure of Children and Adolescents to Digital Marketing of Unhealthy Foods: The CLICKBITE Study | 280,688 | 170,283 | Safefood |
| Evaluation of the WISER Programme in Schools | 10,000 | 10,000 | Sexual Health West |

















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| INTERNATIONAL | Total € | HPRC € | Funder |
|--|-----------|---------|----------------------|
| Health Literacy Competencies in Tanzania (HEALCARe) | 876,140 | 82,655 | EU Erasmus+ |
| Preventing and Confronting Aggressive Behaviour of Older People in Care (PRAGRESS) | 334,694 | 43,683 | EU Erasmus+ |
| Education for Healthy Sexuality in Older Age (EduSexAge) | 226,032 | 34,085 | EU Erasmus+ |
| Simulation Game for Health Professionals to Develop Skills for their emotional Self-Regulation (Simply4emotions) | 400,000 | 59,110 | EU Erasmus+ |
| Mental health support for young adults with cancer (MELODIC) | 1,439,379 | 145,928 | EU Horizon Europe |







Unfunded Research Projects

<u>Perceptions of Professionalisation in Social Care Work in Ireland: A Workers Advisory</u> <u>Group Study</u>

A Scoping Review of Staff Bullying and Harassment in Higher Education Institutions

A Scoping Review of Bullying and Harassment in Voluntary Organisations

The Impact of Workplace Bullying and Harassment on Health and Well-Being of Staff in the Irish Higher Education Sector

IUHPE Core Competencies for Health Promotion

Parent Peer Support Pilot Project

Collaborations



The Health Promotion Research Centre continued the regular lunchtime seminars with colleagues in the Health Behaviour Change Research Group, PPI Ignite Network, the HRB Primary Care Clinical Trials Network Ireland and the Diabetes Collaborative Clinical Trials Network to highlight research in the areas of Population Health and Health Services to our staff and visitors' research.





Dr Verna McKenna gave two workshops in collaboration with **Healthy Ireland at your Library** in March and April 2023. The events in the east and west of Galway City covered the awareness of health literacy in the context of health information.

06

Annual Conferences

22nd June 2023

Strengthening Intersectoral Health Promotion Action: Building Healthy Communities

The 27th Annual Health Promotion Conference was hosted in collaboration with the Department of Health, the Health Service Executive and the Association for Health Promotion Ireland. It highlighted cutting-edge research and innovative initiatives and facilitated the connections between researchers, policymakers and practitioners. The delegates heard from international and national experts and had the opportunity to network with colleagues from various disciplines. Our keynote speakers included:



Prof. Breda Smyth
Chief Medical Officer
Department of Health, Ireland.
Leadership for intersectoral action



Ms Rebecca McLaughlin
Health & Well Being, Irish Men's
Sheds Association.
Connection and Collaboration:
The Irish Men's Sheds Association



Ms Gígja Gunnarsdóttir
Directorate of Health Iceland.
How can we work better together
towards health and wellbeing of people and the planet?



Prof. Mark Gamsu
Leeds Beckett University, UK.
Strengthening the voice of
communities and the voluntary and community sector



Mr Vinnie O'Shea
National Coordinator, Healthy
Ireland Local Government.
Building healthy communities

13th June Implementing a Systems Approach to Mental Health Promotion:2024 from Policy to Practice

We extended a very warm welcome to 198 delegates at the 28th Annual Health Promotion Conference of which we gratefully acknowledge the support and engagement with the Department of Health, the Health Service Executive, and the Association of Health Promotion Ireland. We were delighted to feature contributions from leading international and national keynote speakers, who are playing a key role in shaping the development of mental health promotion in Ireland and globally:

Prof. Laura Shields-Zeeman, Head of Department, Trimbos Institute, Netherlands.

Ms Stephanie Priest, Acting Director General, Public Health Agency of Canada.

Ms Soile Ridanpää, Senior Specialist, Ministry of Social Affairs and Health, Finland.

Prof. Phillip Dodd, Mental Health Policy & Specialist, Department of Health, Ireland.

Ms Biddy O'Neill, National Policy Lead in Healthy Ireland, Department of Health.

Ms Karen Heavey, Health Promotion & Improvement/Health & Wellbeing Manager, HSE.

Ms Deirdre Mc Hugh, Regional Director NEPS, Department of Education, Ireland.

Ms Grace Kearney, Lead of Health & Wellbeing Natl. Forum of Family Resource Centres.

Ms Ailish O'Neill, National Manager, HSE National Office for Suicide Prevention.

Mr Jacopo Villani, Programme Manager, Mental Health Engagement and Recovery, HSE.

Dr Aleisha Clarke, Programme Manager for Mental Health and Wellbeing, HSE.



Back row, left to right: Stephanie Priest, Phillip Dodd, Biddy O'Neill, Fergal Fox, Aleisha Clarke. Front row, left to right: Laura Shields-Zeeman, Margaret Barry, Lhara Mullins, Soile Ridanpää.





















07 HPRC in the Media

@ Irish Examiner



Sun Exposure

A new study examining sun exposure among Irish agricultural and construction workers has found that just over half apply sunscreen only once a day and that sun protective behaviours could be improved. The study, led by Dr Victoria Hogan (Health Promotion), also noted that two-thirds of those surveyed suffered sunburn instances during the typical year.

More from the Irish Examiner and Agriland

Dr Lhara Mullins gave a fantastic TEDx Talk in Ratoath about "Three things evervone should know about supporting an autistic child."



World AIDS Day



THE IRISH TIMES The launch of the Red Glow campaign coincided with the publication of HIV Ireland's annual report for 2023. It details key findings from research conducted by Dr Elena Vaughan, HPRC, which highlights the organisation's ongoing work to prevent HIV transmission, support people living with HIV and combat HIV-related stigma in the provision of care.

The International Year of the Family



To commemorate the 30th anniversary of the International Year of the Family, the Doha International Family Institute and Qatar Foundation brought together distinguished experts, policymakers, and thought leaders to engage in insightful discussions, roundtable sessions, and exhibitions. Two days were spent exchanging ideas and putting forth practical recommendations aimed at enhancing family well-being globally. Dr Carmen Kealy, who was commissioned to write a megatrends report on migration and urbanisation in the context of the family for this global



conference, had the honour to join the First Lady of Iraq and two other panellists to explore Longing For Belonging of Migrant Families. The session was moderated by the Permanent Representative of Qatar to the United Nations Office in Geneva.

A Youthful Picture of Ireland



Prof Colette Kelly and Prof Saoirse Nic Gabhainn are leading the University's Health Behaviour in School-aged Children (HBSC) Ireland team (Cois Coiribe). This national study has been repeated seven times, every four years since 1998. Over time, it has had a substantial impact on policy and strategy around children's and young people's health and wellbeing. As a long-term project, it has established, monitored and shaped national indicators of child health. Through the Irish HBSC team's leadership, it has significantly enhanced youth participation in European policy making.

(6) Irish Examiner

Teenage condom use declining at 'alarming' rates





Calls for 'urgent action' to address sex education after contraception use drops



Sharp rise in problematic teenage social media use and Gaming





On Wednesday, 25th Sept 2024, **Prof. Colette Kelly** spoke live on <u>BBC News Northern Ireland</u> about the Health Behavior in School-aged Children (HBSC) study and its International Report on Social Media Use and Gaming.

newstalk



Nearly a fifth of children have gone to bed hungry - HBSC



Calls for action as fewer teenagers are using condoms or other contraception





OS Hosting Visitors & Placement Students



Placement Students:

Roisin D'Arcy Laura Ronayne Ciana Staunton Rayna Cox Ummu Tunis-Paasewe Marguerite Fortin **Elyse Guettier Ruth Heffernan Roisin Cannon** Sarah Bergin Dawn Ritzwoller Kate O' Grady Colleen Cicci Tania Jahir Faith Lambo Nisha Neelakant

Visiting Researchers:

Jajaira Fleming
Dr Angelique Herrier
Dr Outi Savolainen
Roshini Balasooriya
Dr Marta Malinowska-Cieślik

Dissemination

09

During 2023 and 2024, HPRC Researchers Published 43 Articles in Peer-reviewed Journals

2024

Barry, M.M., Kuosmanen, T., Keppler, T., Dowling, K., & **Harte, P.**, 2024, Priority actions for promoting population mental health and wellbeing. Mental Health & Prevention, Vol 33. https://www.sciencedirect.com/science/article/pii/S2212657023000533

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de Graff, H., Schouten, F., van Dorsselaer, S., **Költő, A**., Ball, J., Stevens, G.W.J.M, & de Looze, M., 2024, Trends and the gender gap in the reporting of sexual initiation among 15-year-olds: A comparison of 33 European countries. The Journal of Sex Research, Vol 18, p: 1-10. DOI: 10.1080/00224499.2023.2297906

Hodgins, M., Fahie, D., McCurtain, S., Kane, R., Mannix McNamara, P., 2024, "My Core is Cracked"—Bullying in Higher Education as a Traumatic Process. International Journal of Environmental Research and Public Health, 21, 1462. https://doi.org/10.3390/ijerph21111462

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Maloney, R., Lunney, L., Lennox, O.L., Vaughan, E., & Kelly, C., 2024, Stigma Experience of Men with Eating Disorders: A Scoping Review. Journal of Social Care, Vol 4. https://arrow.tudublin.ie/isoc/vol4/iss1/4

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Vaughan, E., Muc, M., Brown, E., Nealon Lennox, O., **Kelly, C**. & Tatlow-Golden, M., 2024, A scoping review of children's and parents' attitudes to and awareness of digital food marketing. Health Promotion International, Vol 38. https://doi.org/10.1093/heapro/daac201

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Lee, C.-T. et al. (**Költő. A**.), 2023, The eleven-item alcohol, smoking and substance involvement screening test (ASSIST-11): Cross-cultural psychometric evaluation across 42 countries. Journal of Psychiatric Research. https://doi.org/10.1016/j.jpsychires.2023.06.033

McKenna, V.B; Sixsmith, J; & Byrne, N., 2023, Patient public involvement (PPI) in health literacy research: Engagement of adults with literacy needs in the co-creation of a hospital-based health literacy plan. Health Expectations, 26(3), 1213-1220. https://doi.org/10.1111/hex.13736

McKenna, VB., Gilheaney, Ó., 2023, Health literacy interventions in adult speech and language therapy: a scoping review. Health Expectations. Vol 27, p: 1-11. doi:10.1111/hex.13878

Nicolas, C., Rouche, M., Dierckens, M., **Kelly, C.**, Fismen, A.-S., Nardone, P., Castetbon, K., Chatelan, A., 2023, Sixteen-year trends in fruit consumption and related socioeconomic inequalities among adolescents in Western European countries. European Journal of Nutrition, vol 62. P. 3287 – 3296. DOI: 10.1007/s00394-023-03199-5

Papa, R., **Sixsmith, J.**, Giammarchi, C., Lippke, S., **McKenna, V.B.**, Di Furia, L., Ceravolo, MG., De Winter, A., 2023, Health literacy education at the time of COVID-19: development and piloting of an educational programme for university health professional students in 4 European countries. BMC Medical Education 23(1), 23(1), 1-13. DOI: 10.1186/s12909-023-04608-3

Ravikumar-Grant, D.; **Kelly, C.** and **NicGabhainn, S.**, 2023, The determinants of the nutritional quality of food provided to the homeless population: a mixed methods systematic review protocol. Systematic Reviews, vol 12. DOI: 10.1186/s13643-023-02286-2

Samdal, O. et al. (**Kelly, C. and NicGabhainn, S.**), 2023, Encouraging greater empowerment for adolescents in consent procedures in social science research and policy projects. Obesity Reviews, vol 24. DOI: 10.1111/obr.13636

Skinner, Ann T., **Kealy, C.**, Ranta, Mette, Benner, Aprile D., Menesini, Ersilia, Schoon, Ingrid, 2023, Intra- and interpersonal factors and adolescent wellbeing during COVID-19 in three countries. Social and Personality Psychology Compass, Vol 17. John Wiley & Sons, Ltd. https://doi.org/10.1111/spc3.12821

Smyth A, Judge C, **Kerins C**, McDermott S, Niland A, Corcoran C, Dineen R, Alvarez-Iglesias A, Nolan A, Mente A, Griffin MD., 2023, Dietary counselling to reduce moderate sodium intake: effects on cardiovascular and renal biomarkers: primary findings of the COSIP and STICK phase II feasibility randomised controlled trials. eClinicalMedicine, Vol 57. DOI: 10.1016/j. eclinm.2023.101856

Spyreli, E., Vaughan, E., McKinley, M., Woodside, J., Hennessy, M., Kelly, C., 2023, Using online photovoice to explore food decisions of families on low income; lessons learnt during the COVID-19 pandemic. Qualitative Health Research. DOI: 10.1177/10497323231208829

Walsh, Orla; Sheridan, Anne; **Barry, M.M**., 2023, The process of developing a mental health promotion plan for the Irish health service. Advances In Mental Health, p 1-14. DOI: 10.1080/18387357.2022.2161402

Participation in 46 National & International Conferences

2024:

Brown, E., Vaughan, E., Muc Da Encarnacao, M., **Kelly, C.**, Nealon Lennox, O., & Tatlow-Golden, M., A protocol to capture children's exposure to digital food marketing in Ireland. College of Medicine Nursing and Health Sciences Research Day, Galway 29 May 2024

Dashdondog, S., McKenna, V.B & Barry, M.M., Realist Evaluation of HSE-funded Social Prescribing Services in Ireland. 28th Annual Health Promotion Conference, Galway 2024

Dashdondog, S., McKenna, V.B & Barry, M.M., Realist Evaluation of HSE-funded Social Prescribing Services in Ireland College of Medicine Nursing and Health Sciences Research Day, University of Galway, Galway

Kerins, C., Kelly, C., Furey, S., Kerrigan, P., McCartan, A. & **Vaughan, E.**, Understanding current discourses on food poverty on the island of Ireland. Nutrition Society Congress, Belfast, 2 July 2024

Lunney, L., Maloney, R., Költő, A., Gavin, A., Brown, E., Nealon Lennox, O., **Nic Gabhainn, S., & Kelly C.**, Youth engagement and the Health Behaviour in School-aged Children (HBSC) Study. College of Medicine Nursing and Health Sciences Research Day, Galway 29 May 2024

Lunney, L., Maloney, R., Költő, A., Gavin, A., Nealon Lennox, O., Nic Gabhainn, S., & Kelly C., How important is mental health to children? Youth Voice in the Health Behaviour in School-aged Children (HBSC) Study. 28th Annual Health Promotion Conference, Galway 2024

Maloney, R., Lunney, L., Nealon Lennox, O., Vaughan, E., & Kelly, C., Stigma Experiences of Men with Eating Disorders: A Scoping Review, 28th Annual Health Promotion Conference, Galway 2024

Maloney, R., Vaughan, E., & Kelly, C., Mapping research evidence and gaps to support the National Policy Framework for Children and Young People in Ireland: Protocol for a series of rapid scoping reviews. College of Medicine Nursing and Health Sciences Research Day, Galway 29 May 2024

Mc Loone, M., Carroll, P., Cunningham, L., Hanjs, I., Haughey, A., Kennedy, Y., Murphy, F. F. & **Kelly, C.**, "Breaking Barriers and Amplifying Conversations through Art: A partnership approach to creating a breastfeeding wall mural on a University Campus" Brain Storming! Matters of the Brain: 25th Multidisciplinary Health Research Conference & 3rd Early Stage Health Researcher Forum. Research Education Foundation, Sligo University Hospital, Ireland. 28-29th November 2024

Barry, M.M., 'New Approaches to Student Mental Health'. Plenary Panel Speaker at the Times Higher Education (THE) University Impact Forum: Health & Well-being, Semmelweis University, Budapest 19 September 2024

Barry, M.M., 'Mental Health, Planetary Health and a Well-Being Society: Looking to the Future'. Keynote Presentation at the Atlantic Summer Institute 2024 Forum, Charlottetown, Prince Edward Island, Canada. 19 August 2024

Barry, M.M., 'Enhancing Protective Factors for Youth Mental Health and Wellbeing'. Keynote presentation, UNESCO-HRB Seminar on Broadening the Debate: Understanding the social context of youth mental health. Institute for Lifecourse & Society, University of Galway, 22 February 2024

Barry, M.M., 'Implementing Mental Health Promotion: Priority Actions for Promoting Population Mental Health and Wellbeing'. Keynote presentation, Innovations in Mental Health Promotion – paving the path for mental wellbeing. Finnish Institute for Health and Welfare-THL, Helsinki, Finland. 18 January 2024

Harte, P., Keppler, T., Barry, M.M., Walsh, O., & Clarke, A., A collaborative study to determine the feasibility of adapting and implementing a universal mental health promotion programme, "Act-Belong-Commit", in Irish communities (HSE Health and Wellbeing & Health Promotion Research Centre, University of Galway). Oral presentation at 'Implementing a Systems Approach to Mental Health Promotion: From Policy to Practice', Health Promotion Annual Conference, University of Galway. 13 June 2024

Keppler, T., Sheridan, A, **Barry, M.M.**, 'Development of the National Mental Health Promotion Framework: Scoping Review of International Intersectoral Mental Health Promotion Policy Approaches & Structures'. Oral presentation at 'Implementing a Systems Approach to Mental Health Promotion: From Policy to Practice', Health Promotion Annual Conference, University of Galway, 13 June 2024.

Potts, C., O'Neill, S., Mulvenna, M., **Kealy, C.**, Donohoe, G., & **Barry, M.**, Addressing youth mental health: can we leverage digital technologies for support? European Conference on Mental Health, Krakow, Poland 9 – 11 Sept 2024

Kealy, C., Potts, C., Mulvenna, M., Donohoe, G., McNulty, J., Madrid-Cagigal, A., O' Neill, S.& **Barry, M.M.** Preliminary findings from a scoping review on co-producing accessible digital mental health tools in partnership with marginalized young people. UNESCO Child and Family Research Centre, University of Galway, 11th Biennial International Conference: Promoting Equality through Family Support. University of Galway, Galway, Ireland 13 – 14 June 2024

Kealy, C., Potts, C., Mulvenna, M., O'Neill, S., Donohoe, G., McNulty, J., Madrid-Cagigal, A. & **Barry, M.M.** Preliminary findings from a scoping review on co-production of accessible digital mental health tools in collaboration with young people from marginalised backgrounds. Annual Health Promotion Conference. University of Galway, Galway, Ireland 13 June 2024

Kealy, C., Potts, C., Mulvenna, M., O'Neill, S., Donohoe, G., McNulty, J., Madrid-Cagigal, A. & **Barry, M.M.** Exploring co-production of accessible digital mental health tools in collaboration with young people from marginalised backgrounds: A Scoping Review. International Society for Research on Internet Interventions. University of Limerick, Limerick, Ireland, 2-5 June 2024

Potts, C., **Kealy, C.**, Mulvenna, M., O'Neill, S., Donohoe, G., McNulty, J., Madrid-Cagigal, A. & **Barry, M.M.** Landscape of Digital Mental Health Interventions for Youth Aged 12-25. Society for Research on Adolescence Annual Meeting. Chicago, Illinois, United States of America 18-20 April 2024

Barry, M.M. 'How to Promote Mental Wellbeing in Schools Adopting a Whole-School Approach: From evidence to action.' International Comparison Conference about Well-Being at School, Le cnam, Cnesco, Centre national d'étude des systems scolaires, Paris, France. 21-22 November 2024 2023:

Barry, M.M. 'Implementing effective interventions for promoting young people's positive mental

health and wellbeing in schools.' Keynote presentation at the Schools Health and Wellbeing Improvement Research Network (SHINE) Annual National Network Conference, University of Glasgow, Scotland. 16 May 2023

Barry, M.M. 'A Mental Health Promotion Approach to Wellbeing in Higher Education'. Keynote presentation at the Higher Education Authority Conference: Supporting Success through Wellbeing in Higher Education. Dublin. 20 April, 2023

Barry, M.M. 'Mental Health Promotion: A vision for the future'. Online keynote presentation, Best Brains Exchange: Strengthening the Mental Wellness of Children and Youth in British Columbia, BCCDC Foundation for Public Health, British Columbia Canada. 5 April 2023

Barry, MM, Keynote talk: Supporting Success through Wellbeing in Higher Education. HEA Conference, Dublin, April 2023.

Barry, MM, Best Brains Exchange: Strengthening the Mental Wellness of Children and Youth in BC Mental health promotion: A vision for the future. BCCDC Foundation for Public Health, British Columbia, Canada.

Barry, MM, Keynote talk: Traveller Mental Wellness Continuum: A qualitative peer research study of Travellers' views. Schools Health and Wellbeing Improvement Research Network (SHINE) National Network Conference, Glasgow, May 2023.

Cox, R., Fortin, M., **Kelly, C., Nic Gabhainn, S., & Költő, A.**, Mental health, well-being, and family support across sexual orientations and gender identities among adolescents in Ireland. 27th Annual Health Promotion Conference, Galway 2023

McKenna, VB, Finn, Y & **Sixsmith, J.**, Strengthening communications during patient discharge processes: Improving patient experienced quality of care and patient safety. College of Medicine Nursing and Health Sciences Research Day, University of Galway 2023

Flaiz, B., Berg, J., Buchler, A., Dankbar, R., **Dashdondog, S.**, Kanta-oksa, M., Koumanakas, G., Lakovou, K., Macchinone, S., Mastroleon, F., **Power, M.**, Tuis, D., Weber, M., Strengthening intersectoral health promotion action: Building healthy communities. 27th Annual Health Promotion Conference, Galway 2023

Flaiz, B., Berg, J., Buchler, A., Dankbar, R., **Dashdondog, S**., Kanta-Oksa, M., Koumanakas, G., Lakovou, K., Macchinone, S., Mastroleon, F., **Power, M.**, Tuis, D., Weber, M., Poster presentation: PRAGRESS - Preventing and confronting aggressive behaviour of older people in long-term care. Social CARE Ireland Annual Conference 2023

Haseldine C, Kearney PM, O'Donoghue, Riordan F, **Kerins C**, Humphreys M, Kirby L, McHugh S, Implementing an online National Diabetes Prevention Programme: A mixed methods study to understand participation. International Society of Behavioral Nutrition and Physical Activity, Sweden. ISBNPA

Hodgins, M., Keynote talk: Organisational Characteristics that facilitate GBVH in Higher Education. Violences de Genre Dans le monde academique et scientifique. Catholic University, Louvain-le-Neuve, France

Lunney, L., Vaughan, E., Mathur, R., Lennox, O., Cicci, C., **Kelly. C., & Nic Gabhainn, S.,** Supporting Student Mental Health: A Need for an Intersectoral Approach? 27th Annual Health Promotion Conference Galway 2023

Mullins, L., Autism and child protection social work practice: What you need to know. National Child Protection and Welfare Conference, University College Cork

Mullins, L., Creating supportive environments: Reducing challenging behaviour and enhancing safety for autistic children. The 11th European Conference on Injury Prevention and Safety Promotion (EU-Safety 2023), Reykjavik, Iceland.

Mullins, L., Empowering autistic students to succeed at third level: What can you do? AHEAD Annual Conference Croke Park Dublin, Dublin

Mullins, L., Engaging with autistic children and their families: Strategies for effective partnerships. Integrated Foundation of Integrated Care Annual Conference. Antwerp, Belgium

Murphy J, Riordan F, **Kerins C**, McCarthy LJ, Wolfenden L, McHugh SM., How does tailoring work to produce successful implementation strategies? Annual Conference of the European Health Psychology Society, Portugal. EHPS 2024

Murphy J, Riordan F, **Kerins C**, McCarthy LJ, Wolfenden L, McHugh SM., Stakeholder's experiences of tailoring implementation of the DAFNE structured education programme for type 1 diabetes. UK and Ireland Implementation Science Research Conference, Limerick. 6th UK Implementation Science Research Conference

Potts, Courtney; Mulvenna, Maurice; O'Neill, Siobhan; Donohoe, Gary; **Barry, M.M.,** Digital mental health interventions for young people – review of the literature. 11th European

Conference on Mental Health, Ljubljana, Slovakia. https://pure.ulster.ac.uk/en/publications/digital-mental-health-interventions-for-young-people-review-of-th

Power, M. et al., Social care practice and relationships - critical reflections on relationship-based practice. Perceptions of professionalisation and the future of social care workers in Ireland, Carlow. http://hdl.handle.net/10379/1739

Vaughan, E., Költo, A., Kelly, C. & Nic Gabhainn, S., Knowledge of U=U is a Significant Predictor of Stigma in Healthcare Settings in Ireland. Fast Track Cities, Amsterdam. https://www.iapac.org/files/2023/10/Fast-Track-Cities-2023-ePoster-Abstracts-Book-FINAL.pdf

Veronica McCauley, **Carmen Kealy**, Ethan Hill O'Driscoll, Paul Flynn "Yes, Biology is for me!": Raising the Science Capital of Boys. New Perspectives in Science Education 12th Edition 2023. https://conference.pixel-online.net/library scheda.php?id abs=5911

Maloney, R., Morrissey, J., Hickey, L., Scott, K., Lennox, O., Mathur, RT., **Kelly, C.** & **Nic Gabhainn S**. (2023). "Community assets": the potential role of the Slí@School programme in community health promotion. 27th Annual Health Promotion Conference Galway 2023

Fortin, M., Bőthe, B., Koós, M., Nagy, L., Kraus, S.W., Demetrovics, Z., Potenza, M.N., Cox, S.R., Nic Gabhainn, S., Költő, A., Gender identity and sexual orientation self-acceptance and adverse sexual behaviours, 27th Annual Health Promotion Conference Galway 2023

10 Invited Presentations

Kelly, C. et al., Health Behaviour in School-aged Children. Presentation at the Public Policy Innovation Series: Achieving Impact through Policy Relevant Research, March 21st 2024, Galway, Ireland

Kelly, C., Keynote talk: Building networks and translating knowledge: insights from the Health Behaviour in School-aged Children network. Body Image Research Network launch: Connecting Bodies. Nov 4th 2024, Dublin, Ireland

Kelly, C., Knowledge translation and research impact. School of Health Sciences PhD scholars, Sept 2024, Galway, Ireland

Kelly, C., Making and monitoring the impact of your research. Diabetic Foot Disease PRIMO Summer School, June 25th 2024, Galway

Kelly, C., Recruitment of hard-to-reach groups. Presentation to HRB Sphere scholars, Dublin, October 2024

Kelly, C. et al., The Irish Health Behaviour in School-aged Children (HBSC) study 2022. Children's Rights Alliance, Holiday Hunger event, July 3rd 2024, Dublin, Ireland

Kelly, C. (2023). Learnings and recommendations for youth participation. Presentation to Steering Group meeting to develop Quality of Mental Health Care Tool for child and adolescent mental health for WHO Europe, Sept 12th 2023, online

McKenna, V.B., (2023), How can we make health information and services easier to access, understand and use. 19th April 2023, Oranmore Library Galway

McKenna, V.B., (2023), How can we make health information and services easier to access, understand and use. 8th March 2023, Westside Library Galway

Mullins, L. (2023) TEDx Talk in Ratoath about "Three things everyone should know about supporting an autistic child."

5 Book Chapters

Kealy, C., (2023), 'It's a private matter'- aligning the views of Polish migrant parents and Irish service providers in the delivery of parenting support. International Perspectives on Parenting Support and Parental Participation in Children and Family Services, Routlegde, London. https://www.taylorfrancis.com/chapters/edit/10.4324/9781003334248-16/private-matter-aligning-views-polish-migrant-parents-irish-service-providers-delivery-parenting-support-carmen-kealy?context=ubx&refId=1cd23bf7-c3d1-4055-be76-c292e3361e0e

Vaughan, E., (2023), HIV and the politics of silence in Ireland Sex and sexualities in Ireland: Interdisciplinary perspectives. Palgrave Macmillan, Switzerland. https://doi.org/10.1007/978-3-031-36550-8

Nic Gabhainn, S., Kelly, C., & Sixsmith, J., (2023), Participatory research process: Working with and children for children. Global Handbook of Health Promotion Research, Vol, 3, Springer. DOI: 10.1007/978-3-031-20401-2 19

Költő, A. and Nic Gabhainn, S., (2023), Sexual Behaviour in Sexual Minority and Non-minority Youth in Ireland. Sex and Sexualities in Ireland. Genders and Sexualities in the Social Sciences.

Palgrave Macmillan. DOI: 10.1007/978-3-031-36550-8 11

Hickey, L., **Kelly, C.**, **Nic Gabhainn, S.**, Maloney, R., Scott, K., Morrissey, J. (2024). Co-design for Health Literacy in Irish Schools. In: Nash, R., Cruickshank, V., Elmer, S. (eds) Global Perspectives on Children's Health Literacy. Springer, Cham. https://doi.org/10.1007/978-3-031-63840-4 12

15 Published Reports

Gavin, A., Költő, A., Lunney, L., Maloney, R., Walker, L., Nic Gabhainn, S., & Kelly, C., 2024, The Irish Health Behaviour in School-aged Children (HBSC) Study (2022). https://www.universityofgalway.ie/media/healthpromotionresearchcentre/hbscdocs/nationalreports/HBSC-2022-National-Report.pdf

Költő, A., de Looze, M., Jåstad, A., Nealon Lennox, O., Currie, D., & Nic Gabhainn, S., (2024), A focus on adolescent sexual health in Europe, Central Asia and Canada: Health Behaviour in School-aged Children international report from the 2021/2022 survey. WHO Europe. https://www.who.int/europe/publications/i/item/9789289061155

Rakić, J.G., Hamrik, Z., Dzielska, A., Felder-Puig, R., Oja, L., Bakalár, P., Nardone, P., Ciardullo, S., Abdrakhmanove, S., Adayeva, A., **Kelly, C.**, Fismen, A-S., Wilson, M., Brown, J., Inchley, J., & Ng, K., (2024), A focus on adolescent physical activity, eating behaviours, weight status and body image in Europe, central Asia and Canada. Health Behaviour in School-aged Children international report from the 2021/2022 survey. WHO Europe. https://www.who.int/europe/publications/i/item/9789289061056

Residori, C., Költő, A., Várnai, D.E., & Nic Gabhainn, S., (2023), Age, gender and class: how the COVID-19 pandemic affected school-aged children in the WHO European Region: impact of the COVID-19 pandemic on young people's health and well-being from the findings of the HBSC survey round 2021/2022. WHO, Regional Office for Europe, Copenhagen. https://apps.who.int/iris/handle/10665/369715

Barry, M.M., Keppler, T; Sheridan, A., (2023), Development of the National Mental Health Promotion Plan: Executive Summary Report prepared for the Department of Health, Ireland. https://assets.gov.ie/294527/753f050d-a003-47f5-9e88-73bebb90c7a1.pdf

Költő, A., Gavin, A., Lunney, L., Maloney, R., Kelly, C., & Nic Gabhainn, S., (2023), New Questions for the Health Behaviour in School-Aged Children (HBSC) Study in Ireland: Pilot 2022. DOI: 10.13025/h9pf-rd42

Lennox, O., Mathur, R.T., Maloney, R., Nic Gabhainn, S., Kelly, C., (2023), Evaluation of the Slí@ School programme. http://dx.doi.org/10.13025/gfbd-1547

Martin Power and Saintuya Dashdondog, (2023), Perceptions around professionalisation in social care work in Ireland: A Workers Advisory Group study. Social Care Ireland, Dublin. https://socialcareireland.ie/wp-content/uploads/2023/10/WAG-Perceptions-and-professionalisation-2023-Final-report-MP-SD.pdf

Vaughan, E., 2023, HIV-related stigma in healthcare settings in Ireland: Findings from a collaborative joint stakeholder study. https://doi.org/10.13025/ccsj-8336

Villani, J: **Kuosmanen**, T; McDonagh, M; **Barry, M.M.**, (2023), Traveller Mental Wellness Continuum: A qualitative peer research study of Travellers' views. Summary Report https://www.hse.ie/eng/services/publications/mentalhealth/traveller-mental-wellness-continuum-a-qualitative-peer-research-study-of-travellers-views.pdf

Battel-Kirk, B., Dempsey, C., **Harte, P.**, & **Barry, M.M.** (2024). Updating the IUHPE Core Competencies for Health Promotion: A scoping review and consultation with members. A report prepared for the International Union for Health Promotion and Education (IUHPE). Health Promotion Research Centre, University of Galway

Gilmartin, D., Mercado-Garrido, E., Harte, P., Keppler, T. & Barry, M.M. (2024). Evidence Review of Community-based Mental Health Promotion Interventions for Priority Groups in Ireland. A report prepared for the Health Service Executive, Ireland. Health Promotion Research Centre, University of Galway

Harte, P., Keppler, T., Barry, M.M., Walsh, O., & Clarke, A. (2024). The Act-Belong-Commit Programme Implementation Readiness Assessment: A report on stakeholder consultations in two Irish Communities. A report prepared for the Health Service Executive, Ireland. Health Promotion Research Centre, University of Galway

Harte, P., Keppler, T., Barry, M.M., Walsh, O., & Clarke, A. (2024). A review of international mental health promotion training frameworks for staff in community and non-healthcare settings. A report prepared for the Health Service Executive, Ireland. Health Promotion Research Centre, University of Galway

Keppler, T. & Barry, M.M. (2024). Adaptation of the Minding Your Wellbeing Programme and Train-the-Trainer Model for Delivery to Older People in Community Settings. Report prepared for the Health Service Executive, Ireland. Health Promotion Research Centre, University of Galway

11 Other Publications (Training Resources, Briefing Paper, Blogs etc.)

Epstein, M., Antic, A., Bardus, M., Blazun-Vosner, H., Chapidez-Deschard, T., Coombes, A., Damn, F., *Dashdondog, S.*, Faggi, E., Haridasan, M., Keegan, S., Laborie, S., Lang, F., Martinez, J., Peiretti, C., **Power, M.**, Ramos, I., Rappaport, O., Schulz, M., Zeleznik, D., (2024), Education and training resources around promoting healthy sexuality and sexual health for older people and health and social care professionals. https://edusexage-mooc.eu/

Barry, M.M., Harte, P., Keppler, T., (2023), Invited papers: Briefing Paper on Effective Strategies for Promoting Population Mental Health and Well-being. WHO Collaborating Centre for Health Promotion Research, University of Galway

Flaiz, B., Berg, J., Buchler, A., Dankbar, R., **Dashdondog, S.**, Kanta-Oksa, M., Koumanakas, G., Lakovou, K., Macchinone, S., Mastroleon, F., **Power, M.**, Tuis, D., Weber, M., 2023, An online education and training platform: PRAGRESS - Preventing and confronting aggressive behaviour of older people in long-term care. https://pragress.eu/moodle/

Harte, P; Battel-Kirk, B; **Barry, M.M.**, (2023), Updating the IUHPE Core Competencies: A short report. International Union for Health Promotion and Education (IUHPE), Montreal. https://www.researchgate.net/publication/353461265_The_IUHPE_Health_Promotion_Accreditation_System_Developing_and_maintaining_a_competent_health_promotion_workforce

Kerins, C, (2023) Blog: Implementation of menu labelling policies: opportunities and challenges. SPHeRE Programme. https://www.sphereprogramme.ie/implementation-of-menu-labelling-policies-opportunities-challenges/

Power, M. (2023), The democratic deficit facing social care. Cúram, Social CARE Ireland, Dublin, Issue 60, p 7 - 9. https://online.fliphtml5.com/sxxdk/yrxy/#p=6

Power, M. and Dashdondog, S. (2023), Preventing and confronting aggressive behaviour of older people in long-term care. Cúram, Social CARE Ireland, Dublin, Issue 60, p 9 – 10. https://online.fliphtml5.com/sxxdk/yrxy/#p=8

Power, M. et al., (2023), Oral presentation: Preventing and confronting aggression in older people's care. Seminar series of the Interdisciplinary Center of Aging Research at FAU Erlangen-Nurnberg.

Villani, J; **Barry, M.M.**, (2023), Research Briefing Paper for the HSE National Office for Suicide Prevention: Traveller Mental Wellness Continuum: A qualitative peer research study of Travellers' views. HSE National Office for Suicide Prevention, Dublin

Nic Gabhainn, S. and **Kelly, C.** (2017 to 2023) Case Study: The Health Behaviour in School-aged Children study Ireland: shaping child and adolescent health policy and practice and advancing the involvement of children in research.

Barry, M.M (2017 to 2023) Case Study: Promoting Mental Health: Impact on policy, practice and population wellbeing.

Memberships

10

Prof. Colette Kelly

Member of the Association for Nutrition R.Nutr (Public Health).

Member of the Nutrition Society.

Member of the Early Years Sub-committee of the Children and Young People's Services Committee, Galway.

Academic Panel member for the 2023 cohort of HRB SPHeRE PhD scholars.

WHO/HBSC International study Co-ordinating Committee (member) – Prof. C. Kelly, & Prof. S. Nic Gabhainn

Chair of the Youth Engagement Group, HBSC international network.

WHO European Regional Office - Steering Group member for development of a quality of child and adolescent mental health care tool, for use in WHO European Region (2023-24).

Grant Reviewer:

 International review board member for ERA4Health call for transnational research proposals on "Increasing health equity through promoting healthy diets and physical activity – HealthEquity" (2023/24).

Prof. Margaret Hodgins

Secretary of the International Association Workplace Bullying and Harassment

Prof. Margaret Barry

Expert Advisor on Mental Health Promotion: Department of Health Oversight Group on Development of the National Mental Health Promotion Framework (2022-2024).

IRC/EPA/HRB: Member of Steering Committee of the DOROTHY COFUND Multidisciplinary Research Programme for public health.

Expert Advisor on Mental Health Promotion: HSE Mental Health Promotion Plan – Stronger Together Steering Group 2 member.

Association of Health Promotion Ireland (AHPI): Health Promotion in Ireland Working Group.

Higher Education Authority (HEA) Student and Staff Healthy and Wellbeing Advisory Group member.

Health Research Board: National Mental Health Research Strategy Expert Group (2023-2024).

UCC Quality Review of the School of Public Health: Expert peer reviewer March-April 2024.

Working Group on Recognition and Regulation of Multi-disciplinary Public Health in Ireland (2021-2023).

International Union for Health Promotion and Education (IUHPE): Elected Global President (2019-2022); member of Executive Board (2022-2025).

IUHPE Chair of the IUHPE Global Working Group on Mental Health Promotion.

WHO European Regional Office - Pan-European Mental Health Coalition of the WHO European Region.

French National Cancer Agency (INCa): Research Networks for Primary Cancer Prevention - Co-Chair of Scientific Committee (2023).

ADVANCE Mental Health Research Done Differently. Horizon Europe programme funded project on 'Addressing mental health vulnerabilities from adolescence to older age: innovating preventions science for times of change'. Scientific Advisory Board member.

Public Health Agency of Canada – Expert Reviewer for the 2025 Chief Public Health Officer of Canada Report (2024-2025).

University of Jyväskylä, Finland: External Assessor on Health Promotion Professorial Appointment Board.

Grant Reviewer:

- EU Expert for European Health and Digital Executive Agency (HADEA) EU4Health Joint Ac
 - gramme 2023 call evaluations.
- ENLIGHT Thematic Network Call.
- NordForsk Scientific Expert Panel on 'Children and young people in the post-pandemic Nordics'.

Editorial Board member:

- Health Promotion Journal of Australia
- Journal of Public Mental Health
- Guest Editor- Health Promotion International
- Mental Health & Prevention: Editorial Board and Strategic Advisor Role

Dr Verna McKenna

Member of the IUHPE Global Working Group on Health Literacy

Member of Practice Standards Committee, International Health Literacy Association (IHLA)

Dr Martin Power

Member of FESET – European Association of Social Educators.

Editorial Board member of the Journal of Social Care

Dr Carmen Kealy

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